

The Citizen

PENTECOST 2018

A P U B L I C A T I O N O F T H E J O H N C A R R O L L S O C I E T Y

27TH ANNUAL ROSE MASS

Bishop Urges Healthcare Professionals to Radiate Christ's Light

Health care professionals are called to radiate Christ's light into the darkness, said Arlington Bishop Michael Burbidge at the 27th annual Rose Mass at the Church of the Little Flower in Bethesda on March 11.



Photo By Christopher Newkumet

Arlington Bishop Michael Burbidge delivering the homily at the 27th Annual Rose Mass held at the Church of the Little Flower in Bethesda on March 11.

The John Carroll Society hosts the Rose Mass each year to invoke God's blessing on the medical, dental, nursing and allied health care workers and institutions in the Archdiocese of Washington.

Cardinal Donald Wuerl,

Archbishop of Washington was the principal celebrant at this year's Mass. He was joined by Bishop Burbidge, the homilist for the Mass; Washington Auxiliary Bishop Mario Dorsonville; Msgr. Peter Vaghi, the chaplain of the John Carroll Society and pastor of the Church of the Little Flower; and the chaplains of several health care institutions in the archdiocese.

The Gospel for the day "proclaims Jesus as the light that came into the world,"

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32ND ANNUAL DINNER

Even in Most Remote Places Mass Always Meant Home to Medal Recipient

Retired Brigadier General and Mount St. Mary's President Delivers Keynote at Annual Awards Dinner



Photo By Christopher Newkumet

Inspired by both the soldiers he encountered during his military career, and by the students he now leads as president, Retired Brigadier General Timothy Trainor, recently shared his calling to ensure Mount St. Mary's helped form the best leaders of the future. "We seek to develop students to be the ethical leaders of tomorrow, something our nation and world needs now," Trainor told 350 members of the John Carroll Society. "They will be ready to make a difference in the world, to boldly live significantly."

The 26th president of Mount St. Mary's University in Emmitsburg, Md., Trainor shared his own witness of faith during the keynote address at the 32nd Annual Awards Dinner held at the Four Seasons Hotel in Georgetown on April 21.

"The typical soldier moves frequently, and is often away from family and friends," Trainor explained, noting that in his 33-year career in the military he always felt at home during Mass. "I have attended Mass in remote locations around the world, sometimes with a rifle slung over my back in the woods," he said and found himself equally comfort-

The 2018 John Carroll Society Honorees from left to right: Dr. Thomas M. Loughney, immediate past president of the John Carroll Society and director of endoscopy at MedStar Georgetown University Hospital; Jill McNamara, and her husband Paul McNamara, both entrepreneurs and philanthropists; Anita McBride, executive in residence at American University, and John H. Bayly Jr., former associate judge for the Superior Court of the District of Columbia.

able whether in an elaborate cathedral or "in a tent in the desert in Iraq."

A graduate of Don Bosco Prep, a Salesian high school in New Jersey, Trainor received a bachelor of science degree from the U.S. Military Academy in 1983 and eventually also taught Sunday School and was involved in a teen retreat program while in the military. "In some of my loneliest times, attending Mass was like being home because our savior and the great friend to all, our Lord Jesus Christ, was present in the Eucharist."

Trainor also riveted the audience with one story about his service as a Eucharistic Minister in the Army. He recalled being given permission to carry the Blessed Sacrament in a ciborium to a remote location in Honduras for

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UPCOMING EVENTS 2018

September 19, 2018

RECEPTION AT TOP OF THE TOWN WITH THE YOUNG ADULT FELLOWSHIP

Top of the Town, Rosslyn, 1400 N. 14th St., Arlington, VA from 6:30 p.m. to 9:00 p.m.

Speaker: Ray McKenna, president, Catholic Athletes for Christ

September 30, 2018

66TH ANNUAL RED MASS

The Cathedral of St. Matthew, Washington, DC, at 10:00 a.m.

Brunch to follow at The Capital Hilton, 1001 16th St., NW with the JCS Pro Bono Legal Service Awards.
Principal Celebrant: His Eminence, Donald Cardinal Wuerl.

Homilist: Most Reverend John Barres, Diocese of Rockville Centre

October 27, 2018

FALL RETREAT

Mount St. Mary's Seminary, Emmitsburg, MD; Bus leaves St. Ann's Church at Tenley Circle, DC at 8:00 a.m.

Retreat Director: Msgr. Michael Heintz, Ph.D., Mount St. Mary's Seminary

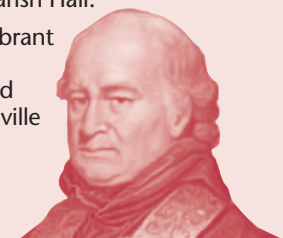
December 1, 2018

ST. NICHOLAS MASS & GIFT DRIVE

The Church of the Little Flower, Bethesda, MD, 5:00 p.m. Mass.

Reception and visit with St. Nick to follow in Parish Hall.

Principal Celebrant and Homilist:
Most Reverend Mario Dorsonville



NEW JCS MEMBERS

As of April 30, 2018

Dr. Norvell Coots	Daniel Archuleta	Christine Bannan	Dr. Dominique Foulkes Johnson
John E. McCarthy, Jr.	Dr. Sean M. Dwyer	Gloria McMahon	Sponsor:
Luc Sebrechts	Amy Kett	Sponsor:	Ari Fitzgerald
Hugh Sullivan	John Melnicki	David Florenzo	
Kimberly Chow Sullivan	Sponsor:		
Trey Traviesa	Elizabeth Meers	Mark Johnson	Andrew Bond
Sponsor:		Dr. Charles Judge	Sponsor:
Rev. Msgr. Peter J. Vaghi	Mark Chopko	Sponsor:	Nick Reaves
	Mauro Morales	Daniel Hardwick	
Andrew Larsen	Sponsor:		
Nicole Frazier Reaves	Kim Fiorentino	Jack Murphy	Mary Devlin Capizzi
Nicolas Reaves		Marie Murphy	Sponsor:
Sponsor:		Sponsor:	British Robinson
James D. Bishop	Mary Monica Allen	Bob Shaffer	
	Elizabeth Dorn		Elizabeth Tomlin
	Laurie Graham		Sponsor:
Kathleen Keenan	Hannah Shea	Greg Ciambuschini	John Schlageter
Sponsor:	Sponsor:	Sponsor:	
Laurence Belanger	Carol Grefenstette Bates	Timothy Gleeson	
			Joseph Beemsterboer
Janet Murgula	Paul Eason	Jorge Dickens	Sponsor:
Sponsor:	Sponsor:	Sponsor:	Liz Young
Bishop Mario Dorsonville	David Eason	Adam Klauder	

Younger Members Gather for Mass, Fellowship to Kick Off Lenten Season

On Monday, February 12, more than 40 current and prospective John Carroll Society members began preparing for Lent together at the annual Lundi Gras celebration.

The event began with Mass at St. Matthew's Cathedral, celebrated by Msgr. Vaghi, followed by dinner and food for thought from Father Patrick Lewis.

In his refreshing talk, "Fasting and Feasting, Longing and Fulfillment," Father Lewis unpacked for us the meaning of the Lenten fast, not as an end in itself, but as preparation for the Easter feast.

The priest encouraged us to make Lenten resolutions that would ready the faithful to participate as enthusiastically in the Easter Triduum and season as we do on Ash Wednesday and during Lent. We are grateful to Father Lewis for his words of wisdom and hope to welcome back many of the first-time attendees in the future.

By Jennifer Bruneau

My dear John Carroll Society Members,

In these days of Pentecost, the Church once again celebrates that day on which the Holy Spirit was definitively revealed and made present to the apostles. In that most famous upper room at Jerusalem, the disciples were gathered “in one place” with Mary and the Church was born. The Holy Spirit, the Spirit of God’s love, was sent and given to us precisely that we will always remember and never forget what Jesus has done for us. He lived, died, rose, ascended and sent the Holy Spirit into our hearts and minds. In the power of the Holy Spirit, Jesus’ life is made present now. It is not simply a journey of nostalgia into His life while He walked this earth, but His Spirit makes Him alive and present in our midst today.

In his most recent Apostolic Exhortation, *Gaudete et Exsultate, On the Call to Holiness in Today’s World*, Pope Francis speaks of joy as a sign of holiness and a movement of the Holy Spirit. He writes: “The Christian life is ‘joy in the Holy Spirit’ (Rom 14:17), for the necessary result of the love of charity is joy; since every lover rejoices at being united to the beloved... the effect of charity is joy.” [99] Having received the beautiful gift of God’s word, we embrace it ‘in much affliction, with joy inspired by the Holy Spirit’ (1 Thess 1:6). If we allow the Lord to draw us out of our shell and change our lives, then we can do as Saint Paul tells us: ‘Rejoice in the Lord always; I say it again, rejoice!’ (Phil 4:4). (GE 122)

Pentecost thus continues to have consequences for us in our day. This is not just theology or the story of one day in the life of the Church. The Holy Spirit can and does presently change and transform our own individual lives and can make us more and more joyful if we yield to His movement in our lives. Oh what a sign of holiness, a vocation each of us received, this call to holiness, on the day of our Baptisms!

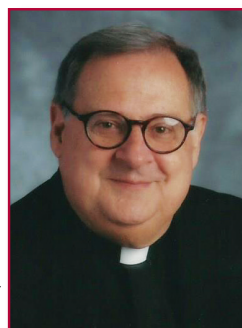


Photo by Eddie Arossi

As members of the John Carroll Society, as lay men and women of faith, I urge you daily to be open to the Holy Spirit in your lives. Be open to the Holy Spirit in regular prayer, in the daily reading of God’s Word, in the reception of the sacraments, particularly the Eucharist and the healing Sacrament of Penance. It is in these sacramental encounters, after all, where we meet the living Holy Spirit who fills our hearts with joy, a deep joy that the world cannot give us. Pray to the Holy Spirit, this permanent Easter gift to the Church, every day of your lives.

With joy in the Lord, I am,

Monsignor Peter J. Vaghi

Chaplain, John Carroll Society

Day of Recollection Urges Members to Reflect on Faith, Prayer and Service

On Saturday, February 24 over 60 members of the John Carroll Society and their guests gathered at the Washington Retreat House in Washington, D.C. to participate in a retreat, “Discovering How God’s Love is at Work in Our Lives: Faith, Prayer and Service.” Jesuit Father Gap LoBiondo served as the director of this Lenten Day of Recollection. Since 2013, Father LoBiondo served as the Superior of the St. Aloysius Gonzaga Jesuit Community and the Father McKenna Center in Washington, D.C. and, among other posts, was previously the Director of the Woodstock Theological Center at Georgetown University.

Fr. LoBiondo serves as a spiritual director to many and under his guidance, the participants heard his reflections on discovering “God’s Providential Care” and “Christ’s Compassionate Love” and how both are actively at work in our life. Father LoBiondo also led the retreatants through several Ignatian spiritual exercises which provided time for reflection and new insights into the important realities and beauty of the care and love that is constantly at our disposal through the gift of our faith.

The retreatants enjoyed periods of silence and reflection, a Penance service, private confession, and Vigil Mass with our beloved Chaplain, Msgr. Peter Vaghi, as the celebrant. The day of retreat was both nourishing and a wonderful foundation for the journey of the Lenten season – the joy we experience in the Easter season – and the promise of Pentecost that is now upon us.

By Kim Viti Fiorentino



Photo Courtesy John Carroll Society

Jesuit Father Gap LoBiondo, rector of Gonzaga College High School, served as the director of the Lenten Day of Recollection last February.

Even in Most Remote Places Mass Always Meant Home to Medal Recipient

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weekly communion service at base camp – as long as he kept the consecrated hosts secure. This task was complicated with the knowledge the unit was set to parachute to the location. “Given our mode of travel, I put the ciborium in a padded case in my pants cargo pocket – on the right side, I believe. The only thing I could think of upon jumping from the door of the C-141 cargo plane was I hope I land on my left side,” he recalled.

It was also in Honduras where Trainor said he witnessed many soldiers not only dedicated to protecting this country’s interest, but also willing to give up their own free time to assist the poor. On a Sunday afternoon, Trainor visited an orphanage in San Lorenzo where he discovered fellow soldiers giving up their few weekend hours to complete work they had promised on a project. “This is the type of selfless service done by our military members worldwide that few ever hear about,” Trainor said. “Those soldiers were heroes in my eyes, and more importantly in the eyes of those orphans.”



From left to right Cardinal Donald Wuerl, Archbishop of Washington, Suvia Yuan, and Msgr. Peter Vaghi, chaplain at the Annual Dinner.

Trainor and his wife, Retired Colonel Donna Brazil raised three children, all of whom followed their parents into West Point and the Army. Prior to his retirement from the Army, Trainor served as dean and chief academic officer at the United States Military Academy. He holds a master’s degree in business from the Fuqua School of Business at Duke and a doctorate in industrial engineering from North Carolina State University.

Msgr. Peter Vaghi, chaplain, with Carol Grefenstette Bates, president, presented Trainor with the 2018 John Carroll Society Medal. Other awardees for the

evening included: John H. Bayly, a retired judge; Thomas M. Loughney, immediate past president of the Society; Anita McBride, executive in residence at American University; and married philanthropists Jill and Paul McNamara – all recognized for their steadfast examples of faith.

Bayly, a parishioner of Blessed Sacrament Parish, N.W., served as an associate judge for the Superior Court of the District of Columbia from 1990 until his retirement in 2011.

A longtime member of the John Carroll Society, including many committees and membership on the Board of Governors, Bayly was also president of the Downtown Serra Club.

Thomas Loughney, director of endoscopy at MedStar Georgetown University Hospital, served as the Society’s president from 2015-2017. He and his wife with their two sons are parishioners at Holy Trinity Church in Georgetown.

Both Jill and Paul McNamara have led successful careers in business enabling support of many Catholic and other charitable causes over the years. The couple chaired the Cardinal’s Appeal for the Archdiocese of Washington in 2003 and 2004.

In addition to a longtime career in government culminating as assistant to President George W. Bush and chief of staff for First Lady Laura Bush, Anita McBride coordinated the official state visit of Pope Benedict XVI in 2008. A longtime member of the John Carroll Society, McBride is currently on the Board of Governors for the society.

Reflecting on the ten year anniversary of Pope Benedict XVI’s visit to Washington, McBride described planning the papal visit to the Catholic Standard as the “greatest event in my life.”

McBride said she just flew in from Houston earlier in the day where she attended the funeral services for former first lady Barbara Bush who passed away at the age of 92. Calling herself “doubly blessed to celebrate faith in such special ways today” McBride added “faith is your anchor. It’s always been a part of my life.”



Photo By Christopher Newkumet

Retired Brigadier General Timothy E. Trainor, president of Mount St. Mary’s University delivers the keynote address at the 32nd Annual Awards Dinner on April 21. Trainor invited all guests to visit the Emmitsburg campus where two saints, St. Elizabeth Ann Seton, and St. Teresa of Calcutta and one martyr, Blessed Fr. Stanley Rother, once walked.

In his welcoming remarks, Cardinal Wuerl, credited the society as a forum to “support one another in that beautiful – that wonderful – journey of making your way through life as a disciple of Jesus Christ.” The prelate said the professional organization is a great opportunity to help one another through the “many challenges we face today in the experience of life.”

Members also recognized the recipients of the Agnes E. Vaghi and Joseph P. Vaghi

Scholarship funded by the proceeds of the Annual Awards Dinner. The scholarship provides a \$4,000 annual award for each of five students at Archbishop John Carroll High School. The scholar present at the dinner was Greta Terry, a member of the class of 2018. Other recipients include: Paula Valenzuela and Avery Middleton, class of 2020; and Maria Gakdeng and Tiffani Rae Pittman, class of 2021.

The society chaplain praised all the awardees noting the importance of seeking out lay people building up our Christianity, building up our county. “We build faith by experiencing the witness of people who live their faith,” said Msgr. Peter Vaghi, chaplain of the John Carroll Society. “That’s the goal – the whole purpose of the John Carroll Society to help each other grow in faith.”

By Lynnea Mumola



Anita McBride, executive in residence at American University and 2018 John Carroll Society Medal recipient joins her husband Tim in greeting Cardinal Donald Wuerl, archbishop of Washington before the Annual Dinner. As assistant to the President and chief of staff for First Lady Laura Bush McBride served as the point person for Pope Benedict XVI’s 2008 visit to Washington.

Photo By Christopher Newkumet

New Chair of Red Mass is Excited for “Labor of Love”

The John Carroll Society is a wonderful organization said longtime member Andrew N. Cook recently. “You learn and you have fun.”

Cook, who is nearing three decades with the Society, has been named chair of the Red Mass Committee for 2018. Previously he served on the Board of



Photo Courtesy John Carroll Society

Governors as well as on the membership committee and as a law firm liaison.

A lawyer with the firm K&L Gates Cook said as vice-chair for the Red Mass he

recognizes the daunting task ahead of him, but described the planning as a “labor of love” for a great society. Cook also credited the kindness of last year’s Red Mass chair, Kristine Dunne Maher in helping to show him his new responsibilities.

He added that he is especially lucky his downtown office is only a couple of blocks from St. Matthew’s Cathedral.

Cook said one of his favorite jobs for the Red Mass in the past has been serving as driver for the homilists. “I’ve come to really enjoy the people I’ve met through the John Carroll Society including the opportunity to meet the cardinal and many of the bishops who have served as homilists over the years.”

Meeting people helped Cook along his faith journey too, first when he converted to Catholicism after meeting and studying with Msgr. John Enzler and later meeting Msgr. Peter Vaghi who introduced him to the Society. Later both priests would officiate at his wedding in 1990.

For Cook, his faith has always been a guiding force, both intellectually and spiritually. “It’s one of the reasons I reached out to Msgr. Enzler – I wanted to understand Catholicism and have a better structure to my life,” Cook recalled. Today Cook said he “practices Catholicism as a family” with his wife

of 28 years, Maureen and their daughter, Catherine who is just completing her first year at Villanova University. The family attends the Church of the Little Flower in Bethesda. Additionally, in the past year Cook said he became a Eucharistic minister in order to bring the sacrament to his ailing mother.

In his spare time Cook said he enjoys golf and has been attending the Third Thursday talks offered by Msgr. Vaghi.

“I’m a people person,” Cook said. “I look forward to the Red Mass, to immersing myself” in the event which is good exposure for the Church and good for the Society.

“The John Carroll Society is one other way to enhance your faith in a friendly, welcoming environment of like-minded people which furthers the image of the Church but also further strengthens your faith.”

By Lynnea Mumola

Members Participate in a Helping Hands Event

Members of the John Carroll Society and their families joined parishioners of the Church of the Little Flower in Bethesda to package meals for the poor in Burkina Faso on February 10.

The two-hour packaging event was coordinated by Catholic Relief Services, the official international Catholic relief and development agency of the United States Conference of Catholic Bishops. Rise Against Hunger, an international hunger relief agency, provided supplies as part of their commitment to end hunger with meal-packaging events.

According to the web site for the Helping Hands project, Catholic Relief Services “assists the poor and vulnerable overseas working in the spirit of Catholic social teaching to promote the sanctity of human life and the dignity of all people.”

Catholic Relief Services sponsors 80 Helping Hands events throughout the country packaging millions of meals annually. During the service, “volunteers come together to learn about the people of Burkina Faso and the hunger they face, to reflect on our Catholic call to address hunger and to have fun packaging thousands of meals that will help save lives.”



Joy of Family is Lived Out Every Day

In the Archbishop of Washington's latest pastoral plan Cardinal Donald Wuerl offers practical ways to live out Pope Francis' apostolic exhortation, *Amoris Laetitia* or *the Joy of Love*. The pastoral plan, "Sharing in the Joy of Love in Marriage and Family" seeks to emphasize the Pope's proclamation: "The joy of love experienced by families is also the joy of the Church."

Cardinal Wuerl spells out practical advice for living the ministry of accompaniment, a term that refers to helping lead others to closer relationships with God in all stages of life: pastors, parish leaders, parish staff, youth, young adults, engaged couples, married couples, young families, families in special circumstances, older couples, and adults. "In the action of going out, encountering, sharing and accompanying we also recognize that in the journey, we – ourselves – are also drawing closer to the Lord," Cardinal Wuerl writes.

Members of the John Carroll Society experience family love in the many rich and varied ways, Pope Francis is truly grateful for as he wrote in *Amoris Laetitia* 57: "I thank God that many families, which are far from considering themselves perfect, live in love, fulfill their calling and keep moving forward, even if they fall many times along the way." The pope noted there is no ideal family "but rather a challenging mosaic made up of many different realities, with all their joys, hopes and problems."

For Pam Holden, the challenge arose in the untimely death of her husband, Timothy Holden, a Navy SEAL who was killed when his bicycle was hit by a car in 2015 after 17 years of marriage. "I never expected that," said Holden a retired Naval JAG officer who met her husband at Mass at the Naval base where they were both stationed.

A convert to Catholicism, Pam Holden was single and began praying about the possibility of marriage. Meeting Tim, was "the answer to my prayers," Pam Holden recalled. As older newlyweds "we were both very strong in our faith separately and together," Holden said. "We tried to make it a faith-based home" for Tim Holden's three daughters and the couple's additional two daughters. But she added, "the Church was a part of our marriage."

Although in her grief Holden experienced anger toward God, she came to understand Pope Francis's words about "the wider family" in a personal way. "Losing Tim was obviously horrible, but his family in particular have just

been amazing," Holden said. "They were there every step of the way."

Holden, a member of the Society since 2015 said her loss has brought about many new challenges yet she is open to seeing God in her life in new ways. "The hand of God is in my life, especially my family. As much as I miss Tim, he left me with his family, with his friends."

Elizabeth Meers faced different challenges in her family during and after her 9-year marriage immediately following her college education. Meers, who was not Catholic at the time of her wedding, agreed to raise any children in the Catholic faith but after having two children, the couple divorced.



Although Meers said she was brought up with no religious education, she eventually realized something was missing in her life and remained committed to passing on the Catholic faith to her children as promised. She continued attending Mass with them as part of their religious education requirement. Soon her children had questions she couldn't answer, Meers recalled. So, she enrolled in

an RCIA program and converted to Catholicism during Easter Mass in 1987. Around the same time, she hoped to marry her current spouse Dale Meers within a sacramental marriage, but was aware that she would have to participate in the annulment process to be married in the Church. She takes care to explain, while the process is not easy, or something to be undertaken lightly, Meers found the "people at the Marriage Tribunal to be very kind and helpful. The guilt and judgment I felt over a failed marriage came from me, not them." She adds that "it was good for me to face and explain the problems we had and then be free of them," Meers noted.

For Meers it was very important to be married in the Church; "The sacramental meaning of marriage was essential to me."

Meers said she is so thankful the Church views marriage as both indissoluble and holy. And while her husband is not Catholic, the couple both agree in the permanence of marriage and will celebrate their 30th anniversary in October.

"This is a relationship which God has blessed," Elizabeth Meers said. "It's not something we can just walk away from – you've got to work it out."

By Lynnea Mumola

Repeat Winner Writes About Religious Freedom

For the second consecutive year, Olivia Young, a student at Academy of the Holy Cross in Kensington won the Margaret Mary Missar High School Essay Competition. Young and her parents, John and Jennifer Young were recognized at the Society's Annual Awards Dinner for Young's essay on being a faithful and faith-filled citizen today.

Now a junior, Young responded to the question regarding religious freedom and the First Amendment. In her essay, Young argued the First Amendment protects all forms of worship including defending the Church's stance on ethical issues. "The freedom that we have here in the United States is absolutely a blessing, but it is not guaranteed to continue forever if we don't work to preserve it," she wrote. "Furthermore, as Catholics we must take care of the First

Amendment Right to the Freedom of Religion with a special enthusiasm."

She continued: "Although as Catholics, we must confront challenges to our faith on a continually increasing basis, we can take courage in knowing not only that we have every right to do so by the First Amendment, but also that we will be given the strength to persevere by our Heavenly Father."

Her theology teacher, Matthew Newell, attended the dinner and noted the judge's reaction to Young's essay clearly signifies "not only is she an excellent writer, she took the question of religious freedom seriously." As the essays were not identified by name during the judging, Newell said he thought her repeat win proves Young "has something important to say."

Other winners included: Second Place: Danielle Valcarcel, Academy of the Holy Cross; Third Place: Grace Schuler, Our Lady of Good Counsel and Christina Stavish, Academy of the Holy Cross; Honorable Mention: Claire Coyle, Olivia Madaras, Abigail Malone, Lillian

McKinnon Hathaway Packard, Christina Marie Rivera, Siobhan Wampler, and Cailyn Williams of Academy of the Holy Cross; Kylie Guelcher, Georgetown Visitation Preparatory School; Beatriz Huerta, Don Bosco Cristo Rey; and Caroline Peter, Our Lady of Good Counsel.



Olivia Young, a junior at the Academy of the Holy Cross in Kensington, greets Cardinal Donald Wuerl at right before the Society's Annual Dinner in April. Carol Grefenstette Bates, president, looks on while in the background is John Young, the high school student's father. Olivia Young wrote the winning essay in the Margaret Mary Missar High School Essay Competition for the second year in a row.

MEMBER NEWS

■ Member **Valencia Y. Camp** was installed as the Lieutenant of the Equestrian Order of the Holy Sepulchre of Jerusalem, Middle Atlantic Lieutenantcy this past fall.



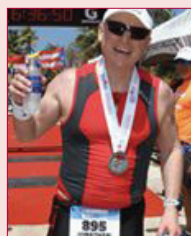
■ At right Keith W. Waters introduces **James D. Bishop**, at left, a member of the Society's Board of Governors who received the Suzanne V. Richards Award at the Foundation of the Bar Association of the District of Columbia's Gala last December. Jim Bishop, director of



Catholic Charities of the Archdiocese of Washington's Legal Network for more than 20 years was honored for promoting justice for District residents.

■ **Jonathan Terrell**, Society member and founder of the consulting firm

KCIC, completed seven marathons on seven continents in seven days last February to raise money for pediatric mental health at National Children's Hospital. Terrell told the press he has always been interested in mental health awareness, especially since it is often stigmatized and marginalized. Terrell, 55, said he trained and completed the World Marathon Challenge with a strict training process that included gratitude and "faith in myself, my mission, my training, and most importantly my God."



■ Judge **James Belson** retired from DC Superior Court at the end of 2017 after a nearly 50-year career on the bench. In 1968, President Lyndon appointed Judge Belson to the District of Columbia Court

of General Sessions, which became the Superior Court of the District of Columbia in 1971. After 13 years on the Superior Court bench, Judge Belson was elevated to the District of Columbia Court of Appeals in 1981. In 1991 Judge Belson, a graduate of Gonzaga College High School and Georgetown University, took senior status, but continued to hear cases until his retirement.

■ Kim Viti Fiorentino gave a talk at the Catholic Charities Legal Network Reception held on April 12, 2018 at Hogan



Lovells. Members Elizabeth Meers and James D. Bishop, director of the network were among the participants.

DECEASED MEMBERS AND FAMILY MEMBERS

Please keep the following deceased members of the John Carroll Society in your prayers:

Jim Sweeney
Richard Perry

Kathleen Battle
Joy Wright

Michael Dunne
Peter Weidenbruch

Bishop Urges Healthcare Professionals to Radiate Christ's Light

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but also “tells us that people preferred the darkness,” said Bishop Burbidge.

That is still true today, he added, when people “reject the truth that God is the creator and author of life, and thus all human life must be celebrated, defended and protected.”

“It is to this world that God sends you to be messengers of compassion and radiate the light of Christ,” said Bishop Burbidge. Medical professionals can protect and defend life at all stages; treat every patient “not as a case, but as a human person created in the very image and likeness of God;” and understand modern technologies as gifts from God, “not to be abused, but to be used in the way he intended.”

Because bringing hope is not always easy, Bishop Burbidge encouraged them to “remember whose instrument you are,” and shared a story about visiting a family member in the hospital. The patient, in the final hours of her life, asked to receive the sacraments. When Bishop Burbidge walked in, he was stunned by her frail condition. She noticed his reaction and reassured him, “It’s okay, just give me Jesus.”

“Each day, remember not what, but who it is that you seek to bring to others,” he said.



Photo by Christopher Newkumet

At a brunch following the annual Rose Mass on March 11, the John Carroll Society presented Pro Bono Health Care Awards to local health workers for their service to the poor and sick. From left to right are: Dr. Vikram Nayar, an associate professor of neurosurgery and the director of cerebrovascular surgery at MedStar Georgetown University Hospital; Carol Grefenstette Bates, the John Carroll Society president; Dr. Pouneh Razavi, director of the Imaging Center of the Sullivan Breast Center at Sibley Memorial Hospital; Cardinal Donald Wuerl, the archbishop of Washington; Father Tesfamariam Baraki, the Catholic chaplain at Howard University Hospital; Dr. Christopher Cannova, an orthopedic surgeon for Bethesda Chevy-Chase Orthopedic Associates; Dr. Mark Abbruzzese, a specialist in infectious disease with the MedStar Medical Group; Dr. Melanie Buttross, the Rose Mass committee chair; Msgr. Peter Vaghi, the chaplain of the John Carroll Society; and Dr. Gayatri Reilly, a vitreoretinal surgeon for The Retina Group of Washington.

At a luncheon following the Mass, the John Carroll Society honored several doctors for bringing Jesus to others through the Catholic Charities Health Care Network, which last year served 5,240 low-income patients with pro-bono specialized health care services worth \$10,703,850.

The 2018 recipients of the Pro Bono Health Care Awards included: Dr. Mark Abbruzzese, a specialist in infectious disease with the MedStar Medical Group; Dr. Christopher Cannova,

an orthopedic surgeon for Bethesda Chevy-Chase Orthopedic Associates; Dr. Vikram Nayar, an associate professor of neurosurgery and the director of cerebrovascular surgery at MedStar Georgetown University Hospital; Dr. Gayatri Reilly, a vitreoretinal surgeon for The Retina Group of Washington; and the Imaging Center of the Sullivan Breast Center at Sibley Memorial Hospital.

For Dr. Reilly, the Catholic Charities Health Care Network allows her the ability to “help people from all walks of life...to be able to help people take the next step in whatever they may need in their journey.” Since Dr. Cannova treats patients with a difficult time walking, the most rewarding part of his work is when patients return after surgery and report their life has been changed for the better. Dr. Nayar agreed. “I am able to help people with life altering and life-threatening conditions, and to help them regain a sense of normalcy.”

The John Carroll Society also presented the 2018 Msgr. Harry A. Echle Award for Outstanding Service in Health Care Ministry to Father Tesfamariam Baraki, who has served as the Catholic chaplain at Howard University Hospital since 2001. Prior to that, Father Baraki ministered to Ethiopian Catholic immigrants and refugees and facilitated unity between the Ethiopian and Eritrean communities in Washington.



Photo by Christopher Newkumet

Altar servers and concelebrating priests join the Archbishop of Washington, Cardinal Donald Wuerl, at center, outside of the Church of the Little Flower in Bethesda following the 27th annual Rose Mass held on March 11. Standing to the left of the cardinal is Arlington Bishop Michael Burbidge, homilist at the Mass and at Cardinal Wuerl’s right is Washington Auxiliary Bishop Mario Dorsonville.

"My hospital ministry is really to bring some hope so [the patients] don't die in fear, hopelessness, and anxiety," said Father Baraki. "It is very rewarding, especially when you are helping people die in peace."

Father Baraki also ministers to the health care professionals who work in the hospital, because the work that they do can be stressful or depressing at times, he said. For him and others who work in hospitals, it is possible to become "like a sponge, absorbing human suffering," which he said they "have to give to the Lord," because "God gives you the strength to do that ministry." Sometimes, he said, the patients minister to him as well, when he asks them how they are and they say, "I am blessed."

Later Cardinal Wuerl discussed a different type of illness, noting "there are also those viruses that are attacking the very fabric of who we are," in particular the idea of marriage and family.

One week prior to the Rose Mass, the Archdiocese of Washington released Cardinal Wuerl's pastoral plan, *Sharing in the Joy of Love in Marriage and Family*. In it the cardinal provides tips for those who work in pastoral ministry to implement Pope Francis's apostolic exhortation, *Amoris Laetitia*. Cardinal Wuerl encouraged ministers to accompany individuals throughout the good and bad times of their entire life's journey, which health care professionals already do every day with their patients.

Honoree Dr. Abbruzzese said he works the often very long hours of a doctor because he knows he is helping people and "being with them in good times and in bad."

"Everybody has their story," Dr. Abbruzzese said. The doctor stressed the privilege of health care and treating patients "not as a disease, but as a person."

The physician noted it is not merely pneumonia that doctors heal, but someone who has a family who is suffering as well. The Catholic Charities Health Care Network allows him to "take that privilege and expand it a little bit. The blessings we have are when you put your head in the pillow at night and you are able to close your eyes and know you helped someone."

By Kelly Sankowski

- MESSAGE FROM THE PRESIDENT -

Opportunities For Younger Members Enrich Society



Photo by Christopher Newkumet

Carol Grefenstette Bates, Society president, welcomes guests to the 32nd Annual Dinner.

The John Carroll Society is more vibrant than ever! On Saturday, April 21, nearly 350 members of the John Carroll Society and guests gathered for the Society's 32nd Annual Dinner at the Georgetown Four Seasons. Distinct in purpose from so many spring galas in the nation's capital, the JCS dinner was best described by its Chaplain, Monsignor Peter J. Vaghi, as a faith-builder, rather than a fund-raiser. Our honorees, representing a range of professions from civil service, to the judiciary, to health care and the business world, have all given witness to their faith in their life's work. Such witness has not gone unnoticed by the next generation, as evidenced by the number of young professionals in attendance not only that evening, but in all John Carroll Society activities.

We so often highlight the banquet of opportunities the JCS provides for fellowship, service, and spiritual growth. There is truly something to fit everyone's schedule and interests. Younger members especially appreciate the chance to interact with seasoned professionals who share their values and desire to deepen their faith in fellowship and in service to the needy in our community. Whether at one of Monsignor Vaghi's monthly Thursday reflections, on one of our spiritual retreats, or at Mass prior to one of our events throughout the year, the shared journey of faith is edifying to all of us. Several times a year, the JCS supports Catholic Charities' service projects through St. Maria's Meals, Cup of Joe program, and community clean-up efforts. Younger members are the backbone of our community projects effort. They are also increasingly involved in the Catholic Charities Legal and Health Care Networks.

The active engagement of a highly qualified and committed next generation is vital to the future of the John Carroll Society. They bring energy, a desire for spiritual growth, cutting edge skills for program implementation, and a culture of service to all we do. And they are great people to boot!

By Carol Grefenstette Bates

Teaching Authentic Living Grounded in Gospel Values is Goal of Catholic Higher Education Says Villanova President

Comparing the ideal community to an orchestra requiring delicate balance, the president of Villanova University called authentic living grounded in gospel values the “next big idea,” for Catholic universities.

Augustinian Father Peter Donohue addressed 170 members and friends of the John Carroll Society on Jan. 7 during the annual January Mass and Brunch. The event – held on the Solemnity of the Epiphany this year – included Mass at St. Patrick’s Parish, N.W. followed by brunch.

Instead of focusing on the challenges facing Catholic colleges in an increasingly secular and digital world, the administrator pointed out that Catholic universities and colleges are uniquely positioned to “connect faith and reason in daily interactions and prove face-to-face conversations are not antiquated ideas.”

“We need to reflect how we as a Catholic community need to communicate with one another,” Father Donohue added. “We cannot turn our backs on technology, but we also cannot let it distract or disillusion us from obtaining our goals.”

The priest told participants that Catholic higher education remains relevant, and “is multi-faceted – we do more than teach students, we advance a common goal.” He described Catholic institutes of higher education as “vibrant academic communities” willing to change in order to move forward. “Education is changing,” the priest continued. “We lead students to self-discovery, exploration, critical thinking, delving into the unknown and problem solving.”

Although grounded in Jesus Christ and guided by the magisterium, no Catholic university or college is exactly the same, Father Donohue noted. “Each one of us does it differently – we approach Catholic education differently. We say it and we show it in many different ways. All while instilling Gospel values.”

The 32nd president of Villanova, Father Donohue served as the chair of the university’s department of theater from 1992 until his appointment in 2006. Born in Bronx, NY, and raised in Royal Oak, Michigan, Father Donohue earned a BA, with a concentration in theatre and communication arts, from Villanova University in 1975 and was ordained an Augustinian priest in 1979. He holds a Master’s of Arts in theatre from the Catholic University of America, a Masters of Divinity from the Washington Theological Union, and a Doctorate in theatre from the University of Illinois at Urbana-Champaign. Additionally, during his early years as an educator he taught at Archbishop Carroll High School, N.E.

Mark Savercool, vice president for advancement at Arch-

bishop Carroll and a graduate, remembered Father Donohue from his time as a student. Savercool invited several administrators and alumni from the Archbishop Carroll community to attend the event to support and visit with Father Donohue who received the John Carroll Society Medal following his presentation.



Photo By Christopher Newkumet

Augustinian Father Peter M. Donohue, the 32nd president of Villanova University presenting the keynote address at the Society’s annual January Brunch.

The annual January Mass and Brunch is focused on Catholic higher education and is sponsored in conjunction with the graduates of Georgetown University, University of San Francisco, The Catholic University of America, Boston College, University of Notre Dame, College of the Holy Cross, Marist College, Marquette University, Loyola University, Notre Dame College, University of Scranton, University of Dayton, Marymount University, Trinity Washington University, University of Dallas, Fairfield University and Villanova.

Msgr. Peter Vaghi, chaplain for the Society and pastor of the Church of the Little Flower, explained the society was formed from St. Patrick’s Church in 1951 where the board still meets to this day. During his homily, Msgr.

Vaghi compared the magi with the faithful’s own journey toward knowing God. “For the magi represent the inner aspiration of the human spirit of each and every person towards Christ,” Msgr. Vaghi said, “the willingness to take risks to find and encounter Jesus in our daily journeys – a holy longing for him.”

The priest said in return Jesus was waiting for the Magi just as he waits for the faithful. Jesus “waits for us at the frontiers of society, the places not yet evangelized at the peripheries of our lives.”

Msgr. Vaghi said although the world is still covered in darkness, the star that led the Magi still persists and ultimately will overcome the darkness forever. “That star leads us to the one born for us, the one who would die for us – our savior.” Even though a life of faith contains many ups and downs – just like the trip the magi faced – the Epiphany star is there to guide and inspire faith “until we see Him face to face forever in eternity.”

This year in addition to presenting the homily at the Mass, Msgr. Vaghi celebrated his 70th birthday on Jan. 7 with members singing to their chaplain at the brunch. After the presentation, new members of the society were recognized with a group photograph. Carol Grefenstette Bates, president of the John Carroll Society called the annual event and welcome to new members a “wonderful end to the Christmas season.” She also thanked Father Donohue for offering an insightful and thoughtful reminder of the role Catholic universities and colleges play in fostering a sense of community within the Church.

By Lynnea Mumola

Two Titles to Help Readers Dive Into the Life of St. Francis de Sales

Treatise on the Love of God by St. Francis de Sales (2018, Paraclete Press, \$17.99), and *On A Mission, Lessons from St. Francis de Sales*, by Patrick Madrid (2013, Servant Books, \$ 15.99)

John Carroll Society members can learn about the rich religious teachings of St. Francis de Sales (1567-1622) through Monsignor Vaghi's Reflections, which focus on the Saint's 1607 masterpiece, *Introduction to the Devout Life*. But the Saint's works and modern commentaries fill a bookshelf – so believers can delve more deeply into his wisdom. *Treatise on the Love of God* is a wonderful exposition on the Saint's message on God's love for humanity. And Patrick Madrid's *On A Mission* cites the Saint's works in explaining that twenty-first century lay people also have an apostolic mission.

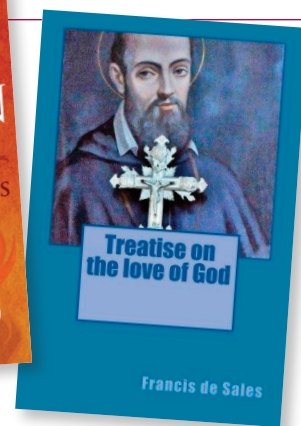
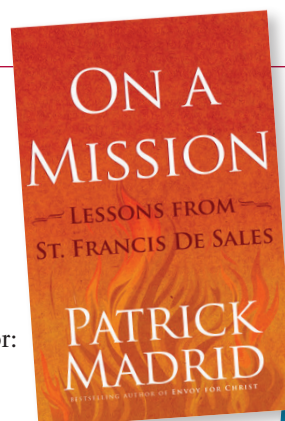
The *Treatise* is over 600 pages, but I bought a contemporary 139-page abridgement, with paraphrasing of the original French by Bernard Bangle, a retired Presbyterian minister. Saint Francis explains that the *Treatise* is “for those who want to move beyond elementary spirituality,” and it develops themes from *Introduction to the Devout Life*. Saint Francis encourages the reader, like a deep sea diver, to descend and gather “valuable pearls and gemstones that are almost out of reach on the ocean's floor.”

An overriding theme of the *Treatise* is that God has instilled in humanity a natural tendency to love Him, but, because God “often works gently and gradually,” it is for us to accept that invitation. The Saint speaks optimistically as our pro-

gressing in that life-long endeavor: “The loving heart will aspire to great things, but God will be pleased with smaller accomplishments as well. Little things add up.” Saint Francis explains that our quest for unity with God may not be self-evident as it proceeds, comparing that process to the manner in which a transplanted tree spreads its roots.

How do we “exercise” this union? Saint Francis recommends the practice of “brief, impulsive, spontaneous prayers,” e.g., “Jesus, grant me the grace to be united in spirit with you,” and “Absorb this drop that is my spirit into the sea of your goodness.” And, although God and the Church have given us counsel on how to exercise virtues, we are not expected to practice all of them “to the height of excellence.” For, “[a]s God gives every wild creature an instinct for survival, God also gives to each one of us the inspiration necessary to live, work, and maintain our spiritual life.” The Saint urges patience: “It is our business to carefully cultivate devotion, but an abundant harvest is God's business.”

In *On A Mission*, Patrick Madrid, a well-known writer of Catholic apologetics, cites Saint Francis, among other saints, as a model by which we can become effective apostles for Christ. Noting that Saint Francis endured setbacks in his efforts to instill the Catholic faith in the



Reformation-oriented Chablais region of France, Madrid challenges us to “develop a sense of urgency about telling the Good News to everyone around us,” and to maintain a “spiritual stamina and tenacity, a stick-to-itiveness born of effort.” The call to apostleship includes, among other virtues, charity – personified by this Saint, who maintained both “patience in the face of adversity” – and humility and respect for others.

Quoting from one of Saint Francis's letters, Madrid explains that each individual has a unique calling: “We must learn what God wants of us, and having learned it, we must try to carry it out, if not generously, at least cheerfully.” And, just as Saint Francis exemplified the “virtue” of being available to explain the faith to his contemporaries, we can “get into the holy habit” of reminding ourselves to be “ready, willing, and able” to help those around us. Madrid emphasizes that, just as Saint Francis steeped himself in the Bible and Church history for his work, we can consult many print and online sources to deepen our knowledge of the Faith.

By Ted Hirt

The John Carroll Society and Social Media

You already have the John Carroll Society's website, www.johncarrollsociety.org, bookmarked on your computer. But do you know you can also find the Society on social media? Join the John Carroll Society on Facebook, Twitter and LinkedIn today.

Other well-known and informative sites to visit while surfing the web include:

- Cardinal Donald Wuerl's blog — <http://cardinalsblog.adw.org>
- Catholic Standard — <http://www.cathstan.org>
- Salt and Light Catholic Media (Father Thomas Rosica) — <http://saltandlighttv.org>
- Reflections by Bishop Robert Barron and other contributors — <http://www.wordonfire.org>
- Catholic News Service — <http://www.catholicnews.com>
- Vatican web site — <http://w2.vatican.va>
- Follow Pope Francis on Twitter — @Pontifex



Twitter: @JCarrollSociety

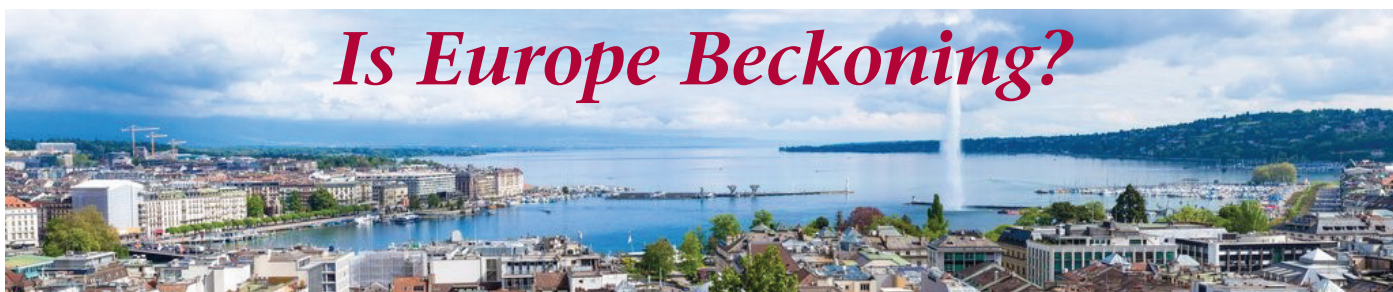
Facebook.com/JohnCarrollSociety

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Is Europe Beckoning?



Join members of the John Carroll Society for an unforgettable pilgrimage to Switzerland and France this summer (July 28-August 6)! Led by the Spirit (and Monsignors Peter Vaghi and Anthony Frontiero), and inspired by the lives of St. Francis de Sales and other saints of France, we begin our pilgrimage in Switzerland – where we'll cruise on Lake Geneva, then on to picturesque Annecy, the "Pearl of the French Alps." Over the next week, we'll wind our way west to the third largest city in France, Lyon - the gastronomy capital of the world! An enticing extension cruise down the Rhone will be offered to Avignon where seven successive popes resided (returning August 11).

This pilgrimage is an ideal way to enjoy historical and religious aspects of Europe, among friends new and old, learn more about beloved saints through scholarly talks, and deepen our own call to holiness by celebrating daily Mass. In the recent words of Pope Francis: "The Holy Spirit bestows holiness in abundance among God's holy and faithful people, for 'it has pleased God to make men and women holy and to save them, not as individuals without any bond between them, but rather as a people who might acknowledge him in truth and serve him in holiness.'" (*Gaudete et Exsultate* 6)

Whether you plan to bring loved ones or simply enjoy the company of fellow pilgrims, yes, Europe beckons!

Please refer to the pilgrimage brochure found on www.johncarrollsociety.org for all details and registration or call 301-656-1670 for more information.